



VIP BARBELL PRESENTS THE IPA SUMMER CLASSIC



JULY 15TH 2017
Start time: 9:00 AM

HOSTED BY: BRIAN REED OWNER OF VIP BARBELL

MEET DIRECTORS: DAVID HOFF

EVENT LOCATION: 121 FRIENDS LANE unit 600, NEWTOWN , PA 18940

Make Checks Payable to: BRIAN REED (215)791-4831

Mail entries to: 121 FRIENDS LANE unit 600, NEWTOWN PA 18940

ELIGIBILITY: Open to all IPA Registered Athletes.

WEIGH-IN: **VIP BARBELL 121 FRIENDS LANE, NEWTOWN, PA 18940**
24 hour weigh in rule will apply.

FRIDAY JULY 14TH

8:30am -10:00pm

5:00 pm - 6:30 pm

Raw with Wraps, and Multiply!

COMPETITION: Mandatory rules briefing Saturday at 8:30am

LIFTING SCHEDULE: Saturday JULY 15TH. The meet will start at 9:00 am Sharp!

UNIFORM: Mandatory - Must have one piece lifting suit or wrestling singlet.
IPA Rules apply. IPA Rule Book available online at www.ipapower.com.

CONTEST LIFTS: Full Power, Bench Press - Deadlift and/or Bench Press Only

ENTRY FEE: \$110 Full Power, Push/Pull \$90.00, \$70.00 Bench Only!
JULY 5TH 2017. \$50.00 late fee for any entries allowed in after the deadline.

AWARDS: Medals and Best Lifters in each category based on content of entries.

ENTRY DEADLINE IS JULY 5, 2017!



PROFESSIONAL OR AMATEUR NEED HELP CHOOSING YOUR DIVISION?

The IPA has two divisions: *Professional and Amateur* so all lifters can co-exist under the umbrella of one Association. The **Professional Division**: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter as a Professional, no matter what he or she totals. The Pro Division is a **non-drug tested division**. The *Pro Division* has its own world and state records. Records will be kept in all subdivisions, except for Special Olympics.

Amateur Division: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter the Amateur division, no matter what he or she totals. **It is a 100% Drug Free Division.**

Lifters **will be tested for anabolic steroids through the use of urinalysis**. Testing will be random and chosen by the Meet Director. Lifters can be tested at any time during the meet at the Meet Director's discretion. An Amateur lifter must be prepared to provide a sample of his/her urine after competing if randomly chosen (there is no charge for the Amateur Division lifters unless the test results are positive). To protect the integrity of the drug test, the urine sample must be processed by the appropriate official. If urinalysis test results are negative, the meet director will absorb the cost of the drug test. If urinalysis test results are positive, the lifter will be responsible for all expenses associated with the drug test. Subsequently, all of the lifter's records and accomplishments to date will be disqualified, and the lifter will be suspended from IPA competition for life.

If the lifter enters a meet as an *Amateur* and totals a *Professional* total, he/she will be classified as an Amateur pending the results of drug testing by urinalysis. Amateur records set or broken are pending drug test results. *Amateur* records will be kept in all subdivisions.

Raw Lifting: This division allows knee wraps (in the squat only), lifting belt and wrist wraps.

IPA PROFESSIONAL CLASSIFICATION TOTALS (EQUIPPED AND RAW)

MEN'S DIVISIONS

WOMEN'S DIVISIONS

| <i>Weight Class</i> | <i>Equipped</i> | | <i>Unequipped</i> | | <i>Weight Class</i> | <i>Equipped</i> | | <i>Unequipped</i> | |
|---------------------|-----------------|------|-------------------|--------|---------------------|-----------------|------|-------------------|--------|
| | PRO | M* | RAW PRO | RAW M* | | PRO | M* | RAW PRO | RAW M* |
| 114 | 1085 | 976 | 904 | 850 | 97 | 680 | 612 | 543 | 491 |
| 123 | 1210 | 1089 | 984 | 904 | 105 | 732 | 659 | 581 | 529 |
| 132 | 1300 | 1170 | 1059 | 974 | 114 | 790 | 711 | 623 | 567 |
| 148 | 1450 | 1305 | 1185 | 1087 | 123 | 857 | 771 | 665 | 604 |
| 165 | 1580 | 1422 | 1298 | 1190 | 132 | 895 | 805 | 703 | 637 |
| 181 | 1692 | 1523 | 1396 | 1279 | 148 | 953 | 858 | 773 | 702 |
| 198 | 1780 | 1602 | 1471 | 1354 | 165 | 1027 | 924 | 853 | 759 |
| 220 | 1875 | 1687 | 1551 | 1476 | 181 | 1192 | 1073 | 895 | 815 |
| 242 | 1940 | 1746 | 1607 | 1497 | 198 | 1149 | 1034 | 960 | 871 |
| 275 | 2000 | 1800 | 1654 | 1518 | 198+ (SHW) | 1260 | 1134 | 1012 | 918 |
| 308 | 2040 | 1836 | 1728 | 1594 | | | | | |
| SHW | 2085 | 1876 | 1748 | 1614 | | | | | |

*M - Master

*Totals below those posted above are considered Amateur Classification totals.



VIP Presents the IPA SUMMER CLASSIC

Contact: BRIAN REED 215-791-4831

<http://www.vippersonaltraining.com> OR reedtraining@yahoo.com

Events: FULL POWER BENCH ONLY IRONMAN DEADLIFT ONLY

Gender: MALE FEMALE

Equipment: RAW CLASSIC MULTI-PLY

Divisions: PROFESSIONAL AMATEUR

Sub-Divisions: Open Men Open Women Teen Junior Submaster Master Police

Weight Class: **IPA Expiration Date:** _____

Name: _____ Age _____ Birth Date _____

Street address: _____

City _____ State _____ Zip _____

Phone _____ Email Address _____

ENTRY DEADLINE: JULY 5, 2017

FEES:

| | |
|-------------|-----------------------|
| Full Power | \$110.00 per division |
| Push/Pull: | \$90.00 per division |
| Bench Only: | \$70.00 per division |
| Total Due: | \$ _____ |

LATE FEE AFTER ENTRY DEADLINE OF JULY 5, 2017 - \$50

Paid: Cash Check Money Order/Cashiers Check

IPA MEMBERSHIPS MUST BE PAID FOR SEPARATELY FROM THE ENTRY. IPA CARDS ARE AVAILABLE FOR PURCHASE IN ADVANCE ONLINE AT WWW.IPAPOWER.COM/IPAMEMBERSHIP.HTM FOR AN ANNUAL FEE OF \$32. IF PAID FOR ON-SITE, CASH ONLY WILL BE ACCEPTED AND THE ANNUAL FEE IS \$30 FOR ADULTS, \$25 FOR TEENS.

Payment must accompany entry form. Mailed entries must be postmarked by JULY 5, 2017!

Please make checks payable to Brian Reed, and return to: 121 FRIENDS LANE UNIT600, NEWTOWN PA 18940

Questions? Contact Brian Reed @ www.reedtraining@yahoo.com

WAIVER

In consideration of the acceptance of this entry, I hereby for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the IPA, David Hoff, Brian Reed, VIP Barbell/Training their representatives, successors, and assigns for any and all injuries or bodily harm that I might suffer while competing at the VIP IPA SUMMER CLASSIC JULY 15, 2017.

Signature of Applicant: _____

Date: _____