

VIP BARBELL PRESENTS THE IPA SUMMER CLASSIC



JULY 15[™]2017 Start time: 9:00 AM

HOSTED BY: BRIAN REED OWNER OF VIP BARBELL

MEET DIRECTORS: DAVID HOFF

EVENT LOCATION: 121 FRIENDS LANE unit 600, NEWTOWN, PA 18940

Make Checks Payable to: BRIAN REED (215)791-4831

Mail entries to: 121 FRIENDS LANE unit 600, NEWTOWN PA 18940

ELIGIBILITY: Open to all IPA Registered Athletes.

WEIGH-IN: VIP BARBELL 121 FRIENDS LANE, NEWTOWN, PA 18940

24 hour weigh in rule will apply.

FRIDAY JULY 14TH

8:30am -10:00pm 5:00 pm - 6:30 pm

Raw with Wraps, and Multiply!

COMPETITION: Mandatory rules briefing Saturday at 8:30am

LIFTING SCHEDULE: Saturday JULY 15TH. The meet will start at 9:00 am Sharp!

UNIFORM: Mandatory - Must have one piece lifting suit or wrestling singlet.

IPA Rules apply. IPA Rule Book available online at www.ipapower.com.

CONTEST LIFTS: Full Power, Bench Press - Deadlift and/or Bench Press Only

ENTRY FEE: \$110 Full Power, Push/Pull \$90.00, \$70.00 Bench Only!

JULY 5^{TH} 2017. \$50.00 late fee for any entries allowed in after the deadline.

AWARDS: Medals and Best Lifters in each category based on content of entries.

ENTRY DEADLINE IS JULY 5, 2017!



PROFESSIONAL OR AMATEUR NEED HELP CHOOSING YOUR DIVISION?

The IPA has two divisions: *Professional and Amateur* so all lifters can co-exist under the umbrella of one Association. The **Professional Division**: Standard lifting rules apply *(please see Personal Equipment section of Rule Book)*. The division is open to anyone who wants to enter as a Professional, no matter what he or she totals. The Pro Division is a **non-drug tested division**. The *Pro Division* has its own world and state records. Records will be kept in all subdivisions, except for Special Olympics.

Amateur Division: Standard lifting rules apply (please see Personal Equipment section of Rule Book). The division is open to anyone who wants to enter the Amateur division, no matter what he or she totals. It is a 100% Drug Free Division.

Lifters will be tested for anabolic steroids through the use of urinalysis. Testing will be random and chosen by the Meet Director. Lifters can be tested at any time during the meet at the Meet Director's discretion. An Amateur lifter must be prepared to provide a sample of his/her urine after competing if randomly chosen (there is no charge for the Amateur Division lifters unless the test results are positive). To protect the integrity of the drug test, the urine sample must be processed by the appropriate official. If urinalysis test results are negative, the meet director will absorb the cost of the drug test. If urinalysis test results are positive, the lifter will be responsible for all expenses associated with the drug test. Subsequently, all of the lifter's records and accomplishments to date will be disqualified, and the lifter will be suspended from IPA competition for life.

If the lifter enters a meet as an *Amateur* and totals a *Professional* total, he/she will be classified as an Amateur pending the results of drug testing by urinalysis. Amateur records set or broken are pending drug test results. *Amateur* records will be kept in all subdivisions.

Raw Lifting: This division allows knee wraps (in the squat only), lifting belt and wrist wraps.

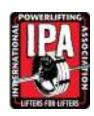
IPA PROFESSIONAL CLASSIFICATION TOTALS (EQUIPPED AND RAW)

MEN'S DIVISIONS

WOMEN'S DIVISIONS

Weight	<u>Equipped</u>		Unequipped		Weight	Equipped		<u>Unequipped</u>	
Class	Pro	M*	RAW PRO	RAW M*	Class	Pro	M*	RAW PRO	RAW M*
114	1085	976	904	850	97	680	612	543	491
123	1210	1089	984	904	105	732	659	581	529
132	1300	1170	1059	974	114	790	711	623	567
148	1450	1305	1185	1087	123	857	771	665	604
165	1580	1422	1298	1190	132	895	805	703	637
181	1692	1523	1396	1279	148	953	858	773	702
198	1780	1602	1471	1354	165	1027	924	853	759
220	1875	1687	1551	1476	181	1192	1073	895	815
242	1940	1746	1607	1497	198	1149	1034	960	871
275	2000	1800	1654	1518	198+ (SHW)	1260	1134	1012	918
308	2040	1836	1728	1594					
SHW	2085	1876	1748	1614				*M - I	Master

*Totals below those posted above are considered Amateur Classification totals.



VIP Presents the IPA SUMMER CLASSIC

Contact: BRIAN REED 215-791-4831 http://www.vippersonaltraining.com OR reedtraining@yahoo.com

Events: □ 1	FULL POWER	R □ BENCH ONLY	Y □ IRO	NMAN □	DEADLIFT ON	NLY	
Gender: □	MALE D F	EMALE					
Equipment	<u>:</u> □ RAW CLA	ASSIC MULT	TI-PLY				
Divisions:	□ PROFESSIO	ONAL □ AMATI	EUR				
Sub-Divisio	ons: □Open M	en □Open Wome	n □Teen	□Junior	\Box Submaster	□Master	□Police
Weight Cla	ss:	IPA Expiration D	ate:				
Name:				Age _	Birth Da	ate	
Street address	ss:						
						Zip	
Phone			Email Addr	ess			
ENTRY DE	E <mark>ADLINE: JU</mark> I	IV 5 2017					
FEES:	Push/Pull: Bench Only: Total Due:	\$110.00 per divisio \$90.00 per division \$70.00 per division \$		JULY 5, 201	7 - \$50		
Paid:	□Cash	□Check		□Money O	order/Cashiers (<mark>Check</mark>	
PURCHASE 1	IN ADVANCE OF FOR ON-SITE,	E PAID FOR SEPARA NLINE AT WWW.IPAP CASH ONLY WILL BE	OWER.COM	1/IPAMEMB	ERSHIP.HTM FO	R AN ANNUA	L FEE OF
		ventry form. Mailed le to Brian Reed, an					WTOWN
Questions?	Contact Brian R	eed @ www.reedtrain	ning@yahoo	.com			
waive and re Reed, VIP B	elease any and a Barbell/Training	ptance of this entry, lall rights and claims their representatives mpeting at the VIP II	for damages , successors	I may have, and assign	against the IPA, s for any and all	David Hoff, injuries or b	, Brian
Signature of	f Applicant:				Date:		